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中点优先缝合法应用于腹腔镜远端胃癌根治术消化道吻合的临床价值



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【摘要】目的 探讨中点优先缝合法应用于腹腔镜远端胃癌根治术消化道吻合的临床价值。

方法 采用回顾性队列研究方法。收集2019年1月至2022年6月厦门大学附属第一医院收治的72例胃癌患者的临床病理资料;男52例,女20例;年龄为(56±11)岁。72例患者均行完全腹腔镜远端胃癌根治术(TLDG),其中2019年1—12月收治的50例患者消化道吻合采用侧边优先缝合法,设为侧边组;2021年6月至2022年6月收治的22例患者消化道吻合采用中点优先缝合法,设为中点组。观察指标:(1)手术情况。(2)并发症情况。(3)随访情况。正态分布的计量资料以 $\bar{x}\pm s$ 表示,组间比较采用独立样本t检验;偏态分布的计量资料以M(范围)表示,组间比较采用Mann-Whitney U检验。计数资料以绝对数或百分比表示,组间比较采用 χ^2 检验或Fisher确切概率法。等级资料比较采用秩和检验。

结果 (1)手术情况。72例患者顺利施行TLDG,无中转开腹患者。中点组和侧边组患者术后首次进食流质饮食时间比较,差异有统计学意义($t=-2.592, P<0.05$)。(2)并发症情况。中点组和侧边组患者术后发生近期并发症分别为5例和20例,两组比较,差异无统计学意义($P>0.05$)。两组患者术后并发症Clavien-Dindo评分、吻合口并发症比较,差异均无统计学意义($P>0.05$)。所有患者并发症经治疗后痊愈出院。(3)随访情况。中点组患者中,19例获得随访(其中11例获得胃镜随访),随访时间为20(1~24)个月。侧边组患者中,49例获得随访(其中28例获得胃镜随访),随访时间为18(2~25)个月。两组患者复发转移、远期并发症、术后胆汁反流、残胃炎、食物滞留比较,差异均无统计学意义($P>0.05$)。

结论 中点优先缝合法可应用于腹腔镜远端胃癌根治术消化道吻合。

【关键词】 胃肿瘤; 连续性手工缝合; 消化道重建; 完全腹腔镜远端胃癌根治术; 应用

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Clinical value of the midpoint-priority suture in digestive tract anastomosis in laparoscopic distal gastrectomy of gastric cancer

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[Abstract] **Objective** To investigate the clinical value of midpoint-priority suture (MPS) in digestive tract anastomosis in laparoscopic distal gastrectomy of gastric cancer. **Methods** The retrospective cohort study was conducted. The clinicopathological data of 72 patients with gastric

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cancer who were admitted to the First Affiliated Hospital of Xiamen University from January 2019 to June 2022 were collected. There were 52 males and 20 females, aged (56±11) years. All 72 patients underwent totally laparoscopic distal gastrectomy (TLDG), in which 50 patients being admitted from January to December 2019 and treated with the side-priority suture (SPS) method for digestive tract reconstruction were divided into the SPS group, and 22 patients being admitted from June 2021 to June 2022 and treated with MPS method for digestive tract reconstruction were divided into the MPS group, respectively. Observation indicators: (1) surgical conditions; (2) complications; (3) follow-up. Measurement data with normal distribution were represented as $Mean \pm SD$, and comparison between groups was conducted using the independent sample t test. Measurement data with skewed distribution were represented as $M(\text{range})$, and comparison between groups was conducted using the Mann-Whitney U test. Count data were described as absolute numbers or percentages, and comparison between groups was conducted using the chi-square test or Fisher exact probability. Comparison of ordinal data was conducted using the sum test. **Results** (1) Surgical conditions. All 72 patients underwent TLDG successfully, without conversion to open surgery. There was a significant difference in the time to postoperative first intake of liquid diet between the two groups ($t=-2.592, P<0.05$). (2) Complications. Cases with postoperative short-term complications in the MPS group and the SPS group were 5 and 20, respectively, showing no significant difference between the two groups ($P>0.05$). There was no significant difference in the Clavien-Dindo score of postoperative complications and anastomotic complications between the two groups ($P>0.05$). All patients with complications were recovered and discharged after treatment. (3) Follow-up. Nineteen patients in the MPS group were followed up for 20(range, 1–24) months, including 11 cases of gastroscopy follow-up. Forty-nine patients in the SPS group were followed up for 18(range, 2–25) months, including 28 cases of gastroscopy follow-up. There was no significant difference in recurrence and metastasis, long-term complications, postoperative bile reflux, residual gastritis, and food retention between the two groups ($P>0.05$). **Conclusion** The MPS can be used into digestive tract anastomosis in laparoscopic distal gastrectomy of gastric cancer.

[Key words] Stomach neoplasms; Continuous manual suture; Digestive tract reconstruction; Totally laparoscopic distal gastrectomy of gastric cancer; Application

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随着腹腔镜器械发展与外科医师腔镜技术的成熟,完全腹腔镜远端胃癌根治术(totally laparoscopic distal gastrectomy,TLDG)与腹腔镜辅助远端胃癌根治术(laparoscopic-assisted distal gastrectomy,LADG)均广泛应用于临床^[1-4]。TLDG与LADG的区别为消化道重建是否在腹腔镜下完成。腹腔镜消化道重建是完全腹腔镜胃癌根治术开展的主要限制因素。相较于开腹视野下的手工缝合吻合口,腹腔镜下缝合消化道共同开口由于视野受限、操作空间狭小等原因,更容易出现共同开口关闭上的操作失误,导致消化道内假腔形成、吻合口狭窄梗阻、吻合口出血和吻合口漏等并发症。因此,探究腹腔镜下安全且简单、易行的消化道吻合技术对推广完全腹腔镜胃癌根治术至关重要。本研究回顾性分析2019年1月至2022年6月厦门大学附属第一医院胃肠肿瘤外科收治的72例胃癌患者的临床病理

资料,探讨中点优先缝合法应用于腹腔镜远端胃癌根治术消化道吻合的临床价值。

资料与方法

一、一般资料

采用回顾性队列研究方法。收集72例胃癌患者的临床病理资料;男52例,女20例;年龄为(56±11)岁。72例患者均行TLDG,其中2019年1—12月收治的50例患者消化道吻合采用侧边优先缝合法,设为侧边组;2021年6月至2022年6月收治的22例患者消化道吻合采用中点优先缝合法,设为中点组。两组患者性别、年龄、BMI、ASA分级、肿瘤长径、肿瘤位置、术前Alb、术前CA19-9、术前CA125、术前CEA、肿瘤分化程度、肿瘤TNM分期比较,差异均无统计学意义($P>0.05$),具有可比性。见表1。本研究通过厦门大学附属第一医院医学伦理委员

会审批,批号为2022KY088。患者及家属均签署知情同意书。

二、纳入标准和排除标准

纳入标准:(1)经胃镜及病理学检查确诊为胃腺癌。(2)无腹部手术史及内镜胃癌切除手术史。(3)术前未行放疗或化疗。(4)影像学检查无远处转移。(5)接受腹腔镜远端胃癌根治术。(6)采用Billroth II+Braun消化道重建。

排除标准:(1)有腹部手术史。(2)合并多种肿瘤。(3)手术视频缺失。(4)急诊手术,包括梗阻、出血、穿孔。(5)接受其他消化道吻合方式。(6)联合其他手术。

三、手术方式

所有手术由具有≥1年侧边优先缝合和中点优先缝合吻合经验的主刀医师进行。

(一)腹腔镜胃切除及D₂淋巴结清扫

在全身麻醉下,建立气腹后进行腹腔镜检查评估手术适应证及排查禁忌证后进行手术。根据《日本胃癌治疗指南》进行淋巴结清扫后,十二指肠靠近幽门环处离断胃^[5]。随后进行Billroth II+Braun消化道重建,距Treitz韧带约25 cm处行胃空肠吻合术。在距胃空肠吻合口约10 cm处行空肠空肠Braun吻合术。

(二)消化道重建

1.侧边优先缝合法操作步骤:首先用直线切割闭合器建立胃大弯侧与空肠的共同开口或空肠空肠共同开口。明确共同开口的两侧端,从共同开口的一侧向对侧采用倒刺线连续缝合。最后用同1根

倒刺线进行浆肌层包埋。

2.中点优先缝合法操作步骤:首先用直线切割闭合器建立胃大弯侧与空肠的共同开口或空肠空肠共同开口。明确共同开口的两侧端,分别命名为A、B点,主刀、助手医师分别牵拉A、B点展开共同开口,分别找到共同开口两侧开口的中点,命名为M点。中点优先缝合即第1针缝线分别穿过M点全层,缝合完第1针后内翻黏膜收紧并上提倒刺线,此时吻合口的形态基本形成。随后由M点向A点进行共同开口的全层连续缝合,最后反向从A点进行浆肌层包埋至共同开口的M点。此后从共同开口M点全层连续缝合至B点后,再进行浆肌层包埋共同开口至M点,完成共同开口的关闭。手术过程见图1。手术示意图见图2。

四、观察指标和评价标准

观察指标:(1)手术情况。(2)并发症情况。(3)随访情况。

评价标准:根据Clavien-Dindo分类评估术后并发症^[6]。术后并发症以30 d为界,≤30 d为近期并发症,>30 d为远期并发症。

五、随访

采用电话和门诊方式进行随访,了解患者术后1年复发转移、远期并发症及胃功能情况(胃镜检查术后胆汁反流、残胃炎、食物滞留)。随访时间截至2023年8月。

六、统计学分析

应用SPSS 23.0统计软件进行分析。正态分布

表1 中点组和侧边组胃癌患者的一般资料比较

Table 1 Comparison of general data of gastric cancer patients in the midpoint-priority suture group and the side-priority suture group

组别	例数	性别(例)		年龄 ($\bar{x}\pm s$,岁)	体质量指数 ($\bar{x}\pm s$,kg/m ²)	美国麻醉医师协会 分级(例)		肿瘤位置(例)			
		男	女			Ⅱ级	Ⅲ级	胃窦	胃角	胃体	
中点组	22	16	6	54±13	23±4	21	1	3.0±2.1	15	3	4
侧边组	50	36	14	58±11	21±3	44	6	3.7±2.0	32	6	12
统计量值		$\chi^2=0.004$		$t=-1.344$	$t=1.927$	-		$t=-1.347$		$\chi^2=0.306$	
P值		0.949		0.183	0.058	0.427 ^a		0.182		0.858	
组别	例数	术前白蛋白 ($\bar{x}\pm s$,g/L)	术前CA19-9 [M(范围),U/mL]	术前CA125 ($\bar{x}\pm s$,U/mL)	术前癌胚抗原 [M(范围),μg/L]	肿瘤分化程度(例)			肿瘤TNM分期(例)		
中点组	22	41±5	12.92(8.08~21.43)	5±3	2(1~3)	2	5	15	13	5	4
侧边组	50	42±7	13.14(7.91~20.75)	4±4	2(1~3)	5	9	36	23	7	20
统计量值		$t=-0.605$	$Z=-0.330$	$t=1.048$	$Z=-1.168$			$Z=-0.268$		$Z=-1.446$	
P值		0.547		0.741	0.298	0.245		0.789		0.148	

注:侧边组患者行完全腹腔镜远端胃癌根治术中消化道吻合采用侧边优先缝合法,中点组患者行完全腹腔镜远端胃癌根治术中消化道吻合采用中点优先缝合法;“-”为此项无;^a采用Fisher确切概率法

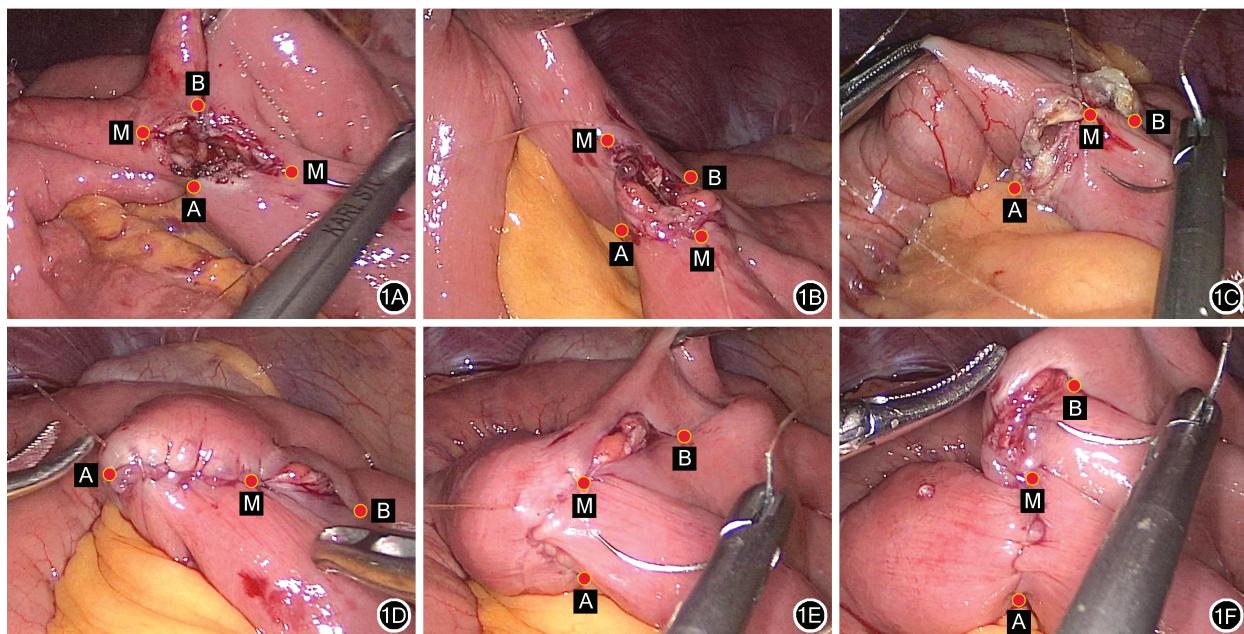


图1 中点优先缝合法手术过程 1A:充分显露共同开口两侧(A点和B点),确定共同开口两侧中点位置(M点);1B:全层缝合使共同开口两侧黏膜M点对合并内翻黏膜;1C:收紧并上提倒刺线;1D:由M点向A点连续全层缝合;1E:由A点向M点浆肌层包埋;1F:由M点向B点连续全层缝合,再由B点向M点浆肌层包埋

Figure 1 Surgical procedure of the midpoint-priority suture 1A: Fully exposing both sides of the common opening (point A and B) and determining the midpoints position (points M) on both sides of the common opening; 1B: Full-thickness suture to make both sides of the M points anastomosis close together; 1C: Tighten and lifting up the barbed thread; 1D: Continuous full-thickness suture from point M to point A; 1E: Embedding seromuscular layer from point A to point M; 1F: Continuous full-thickness suture from point M to point B, and then embedding seromuscular from point B to point M

的计量资料以 $\bar{x}\pm s$ 表示,组间比较采用独立样本t检验;偏态分布的计量资料以M(范围)表示,组间比较采用Mann-Whitney U检验。计数资料以绝对数或百分比表示,组间比较采用 χ^2 检验或Fisher确切概率法。等级资料比较采用秩和检验。 $P<0.05$ 为差异有统计学意义。

结 果

一、手术情况

72例患者顺利施行TLDG,无中转开腹患者。两组患者术后首次进食流质饮食时间比较,差异有统计学意义($P<0.05$);两组患者手术时间、消化道重建时间、胃空肠吻合时间、空肠空肠吻合时间、术中出血量、术后肛门首次排气时间、术后首次进食半流质饮食时间、术后住院时间比较,差异均无统计学意义($P>0.05$)。见表2。

二、并发症情况

中点组和侧边组患者术后发生近期并发症分别为5例和20例,两组比较,差异无统计学意义($\chi^2=2.011, P=0.156$)。两组患者术后并发症Clavien-Dindo

评分、吻合口并发症比较,差异均无统计学意义($P>0.05$)。见表3。中点组1例发生吻合口狭窄,侧边组发生吻合口漏和吻合口狭窄各1例,发生吻合口出血4例。所有患者并发症经治疗后痊愈出院。

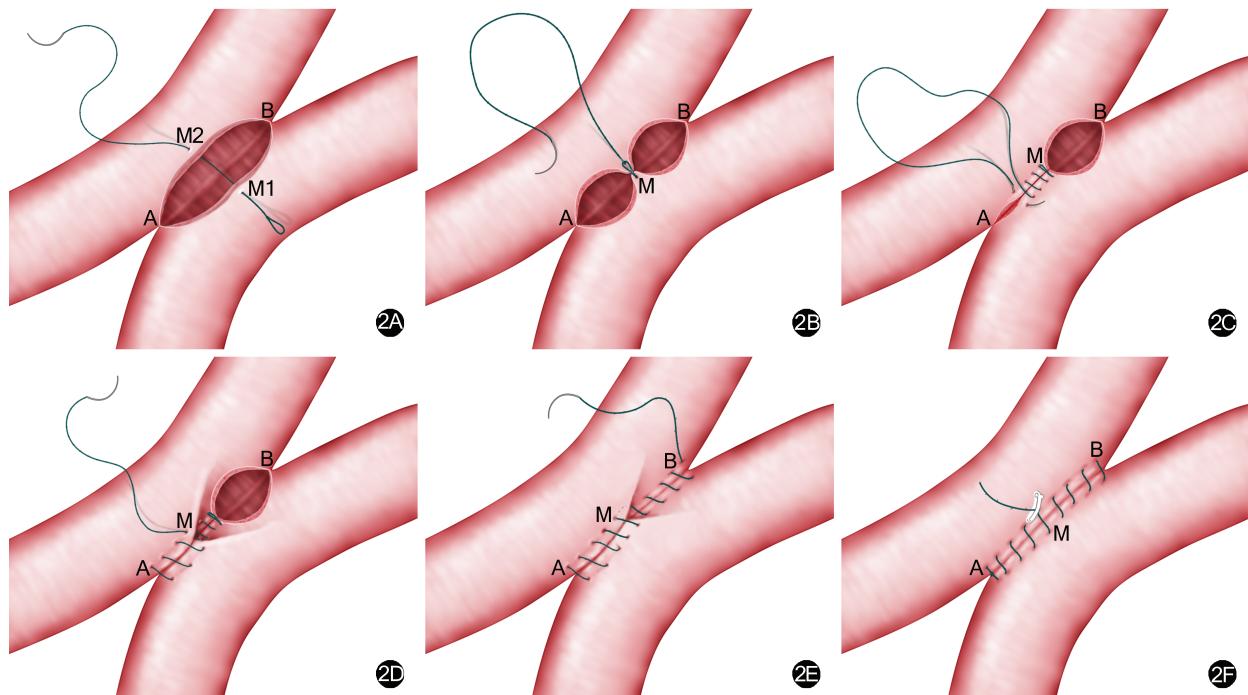
三、随访情况

中点组患者中,19例获得随访(其中11例获得胃镜随访),随访时间为20(1~24)个月。侧边组患者中,49例获得随访(其中28例获得胃镜随访),随访时间为18(2~25)个月。中点组患者发生复发转移、远期并发症、术后胆汁反流、残胃炎、食物潴留分别为2、0、9、8、1例;侧边组患者上述指标为6、1、15、25、2例,两组上述指标比较,差异均无统计学意义($P=1.000, 1.000, 0.150, 0.323, 1.000$)。

讨 论

一、完全腹腔镜胃肠道吻合现状

我国CLASS-01在内的多项高质量临床研究证实腹腔镜胃癌根治术安全、可行,并与开腹胃癌根治术具有相似的疗效^[7-12]。既往研究结果显示:完全腹腔镜相较腹腔镜辅助胃癌根治术具有缩短手术时间、促进术后早期进食、减少术中出血量及缩



注:蓝色线代表倒刺缝线

图2 中点优先缝合法关闭共同开口的示意图 2A:全层缝合使共同开口两侧黏膜M点对合并内翻黏膜;2B:收紧并上提倒刺线;2C:由M点向A点连续全层缝合;2D:由A点向M点浆肌层包埋,由M点向B点连续全层缝合;2E:再由B点向M点浆肌层包埋;2F:在共同开口的中点进行收针

Figure 2 Schematic diagram of closing the common opening in midpoint-priority suture 2A: Full-thickness suture to make both sides of the M points anastomosis close together and mucosa inverted; 2B: Tighten and lifting up the barbed thread; 2C: Continuous full-thickness suture from point M to point A; 2D: Embedding seromuscular layer from point A to point M, and continuous full-thickness suture from point M to point B; 2E: Embedding seromuscular layer from point B to point M; 2F: Suture the last stitch at the midpoint of the common opening

表2 中点组和侧边组胃癌患者的手术情况

Table 2 Surgical conditions of gastric cancer patients in the midpoint-priority suture group and the side-priority suture group

组别	例数	手术时间($\bar{x} \pm s$, min)	消化道重建时间($\bar{x} \pm s$, min)	胃空肠吻合时间($\bar{x} \pm s$, min)	空肠空肠吻合时间($\bar{x} \pm s$, min)
中点组	22	247±42	34±5	17±3	17±3
侧边组	50	247±74	36±6	18±3	18±4
t值		-0.036	-1.257	-1.083	-1.188
P值		0.971	0.213	0.282	0.239
组别	例数	术中出血量($\bar{x} \pm s$, mL)	术后肛门首次排气时间($\bar{x} \pm s$, d)	术后首次进食流质饮食时间($\bar{x} \pm s$, d)	术后首次进食半流质饮食时间($\bar{x} \pm s$, d)
中点组	22	54±18	4.2±1.9	5.1±1.9	7.9±1.8
侧边组	50	68±37	4.7±1.6	6.6±2.4	9.1±2.6
t值		-1.684	-1.294	-2.592	-1.964
P值		0.097	0.200	0.012	0.054
术后住院时间($\bar{x} \pm s$, d)					11±4
12±3					-1.000
0.321					

注:中点组患者行完全腹腔镜远端胃癌根治术中消化道吻合采用中点优先缝合法;侧边组患者行完全腹腔镜远端胃癌根治术中消化道吻合采用侧边优先缝合法

短住院时间等多方面优势,但TLDG的手术优势及安全性仍有待高质量多中心临床研究结果支持^[13-21]。作为TLDG的核心步骤,腹腔镜下胃肠道共同开口的关闭通常包括使用切割闭合器的器械吻合法、使用针线的手工吻合法以及结合器械吻合

和手工吻合3种方式。既往研究结果显示:腹腔镜胃肠道共同开口关闭采用手工吻合与器械吻合具有相似安全性及疗效^[22-25]。

二、腹腔镜胃肠道的倒刺线缝合

通常情况下,采用倒刺线缝合共同开口是从开

表3 中点组和侧边组胃癌患者术后并发症情况(例)**Table 3** Postoperative complications of gastric cancer patients in the midpoint-priority suture group and the side-priority suture group (case)

组别	例数	Clavien-Dindo 评分				吻合口并发症	
		0分	1分	2分	3分	4分	无
中点组	22	17	2	2	1	0	21
侧边组	50	30	3	12	3	2	44
统计量值		Z=-1.555				-	
P 值		0.120				0.427 ^a	

注:中点组患者行完全腹腔镜远端胃癌根治术中消化道吻合采用中点优先缝合法;侧边组患者行完全腹腔镜远端胃癌根治术中消化道吻合采用侧边优先缝合法;“-”为此项无;^a采用 Fisher 确切概率法

口的一侧向另一侧进行连续缝合。既往研究结果显示:应用无结倒刺线对胃肠道共同开口缝合安全、可行^[26-31]。与腹腔镜手工间断缝合法比较,采用倒刺线连续缝合有相似的疗效,具有缩短吻合时间及减少费用等优势^[32-33]。如果共同开口过大或开口两侧不等长,采用传统侧边优先缝合方式难度较大,容易导致两侧不等长的黏膜内翻过多造成共同开口狭窄或扭曲。目前已经有多项研究致力于改良腹腔镜消化道倒刺线手工吻合方式^[34-36]。Zhang 等^[37]运用单线双针的纯手工吻合法。Son 等^[36]采用双线辅助牵引缝合法。以及 Lee 等^[38]和 Tokuhara 等^[39]报道的双倒刺线法。但上述几种改良缝合法都属于侧边优先缝合法,与本研究提出的中点优先缝合法具有本质区别。

三、中点优先缝合法的特点及优势

中点优先缝合法有 3 个特点:(1)共同开口两侧中点优先第一针缝合,吻合口提前塑形,便于定位及提拉。(2)将吻合口一分为二,简化手术步骤。(3)不易误缝对侧黏膜,避免吻合口狭窄。中点优先缝合法不仅适用于 Billroth II + Braun 吻合,同样适用于 Roux-en-Y、食管空肠吻合、小肠侧侧吻合、结肠回肠等共同开口的关闭。此外,该吻合方式应该注意 4 个操作关键点:(1)重视第 1 针缝合进出针点位置,进出针点分别位于共同开口两侧的中点。(2)第 1 针缝合后向上牵拉缝线,可避免误缝共同开口的对侧黏膜。(3)每针全层缝合后注意先内翻黏膜后再收紧缝线,以保证内翻缝合。(4)建议进出针点间距 3~5 mm 为宜,以避免黏膜过度内翻。中点组与侧边组患者手术时间、吻合的安全性、术后胃肠道功能的恢复及手术安全性比较,差异均无统

计学意义。在实际手术操作方面,中点优先缝合法能减少吻合过程中冗余的提拉钳夹动作,使吻合更快捷且容易掌握。

综上,中点优先缝合法可应用于腹腔镜远端胃癌根治术消化道吻合。本研究所得结论仍需多中心、大样本的前瞻性研究进行验证。

利益冲突 所有作者均声明不存在利益冲突

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本刊可直接使用英文缩写词的常用词汇

本刊将允许作者对下列比较熟悉的常用词汇直接使用英文缩写词,即在论文中第1次出现时,可以不标注中文全称。

4G	第四代移动通信技术	Hb	血红蛋白	PaO ₂	动脉血氧分压
5G	第五代移动通信技术	HBV	乙型肝炎病毒	PCR	聚合酶链反应
AFP	甲胎蛋白	HBeAg	乙型肝炎e抗原	PD-1	程序性死亡受体1
Alb	白蛋白	HBsAg	乙型肝炎表面抗原	PD-L1	程序性死亡受体配体1
AJCC	美国癌症联合委员会	HCV	丙型肝炎病毒	PET	正电子发射断层显像
ALP	碱性磷酸酶	HE	苏木素-伊红	PLT	血小板
ALT	丙氨酸转氨酶	HEV	戊型肝炎病毒	PT	凝血酶原时间
ASA	美国麻醉医师协会	HIFU	高强度聚焦超声	PTC	经皮肝穿刺胆道造影
AST	天冬氨酸转氨酶	HR	风险比	PTCD	经皮经肝胆管引流
AMP	腺苷一磷酸	IBil	间接胆红素	RBC	红细胞
ADP	腺苷二磷酸	ICG R15	吲哚菁绿 15 min 滞留率	RCT	随机对照试验
ATP	腺苷三磷酸	ICU	重症监护室	RFA	射频消融术
ARDS	急性呼吸窘迫综合征	IFN	干扰素	RECIST	实体瘤反应评价标准
BCLC	巴塞罗那临床肝癌	Ig	免疫球蛋白	RR	相对危险度
BMI	体质量指数	IL	白细胞介素	RT-PCR	逆转录聚合酶链反应
BUN	血尿素氮	抗-HBc	乙型肝炎核心抗体	TACE	经导管动脉化疗栓塞术
CEA	癌胚抗原	抗-HBe	乙型肝炎e抗体	TBil	总胆红素
CI	可信区间	抗-HBs	乙型肝炎表面抗体	TC	总胆固醇
Cr	肌酐	LC	腹腔镜胆囊切除术	TG	甘油三酯
CT	X射线计算机体层摄影	MRCP	磁共振胰胆管成像	TGF	转化生长因子
DBil	直接胆红素	MRI	磁共振成像	TNF	肿瘤坏死因子
DSA	数字减影血管造影术	MODS	多器官功能障碍综合征	TP	总蛋白
ERCP	经内镜逆行胰胆管成像	NCCN	美国国立综合癌症网络	UICC	国际抗癌联盟
EUS	内镜超声	NK 细胞	自然杀伤细胞	VEGF	血管内皮生长因子
GGT	谷氨酰转移酶	OR	优势比	WBC	白细胞
HAV	甲型肝炎病毒	PaCO ₂	动脉血二氧化碳分压		